

ROUNDBREAKING

Fast and easy ways to get your pre-baby body back. You won't believe the results!

SUPER LASERS

How the latest technology will erase years of damage in minutes—no downtime required.

# NEW BEAUTY

THE BEAUTY AUTHORITY

## STOP AGING NOW!

*the truth behind how to do it*

## LOOK FLAWLESS INSTANTLY

*transform your hair with one product*

EXPERTS REVEAL

## LINES VS. WRINKLES THE NEW DISCOVERY

*get smoother skin in 30 minutes*

## inside the NEW SKIN FIX

JULIANNE MOORE

*reveals her ageless beauty secrets*

THE BEST BEAUTY INNOVATIONS+

# POWERFUL SKINCARE

*These breakthrough products deliver dramatic results that will have you looking better than ever.*

newbeauty.com

\$9.95 US A SANDOW PUBLICATION



FALL/WINTER 2014  
DISPLAY UNTIL DECEMBER 29



# THE ULTIMATE PROTECTORS

## WON'T IRRITATE SKIN

Unscented, so it won't lead to clogged pores from fragrances, **Coola Sport SPF 50 Unscented Sunscreen Spray** defends skin with the added benefit of hydrating, organic ingredients. \$32, [coolasuncare.com](http://coolasuncare.com)

ENTER  
TO WIN  
on October 10

## WHAT TO USE IF YOUR SKIN IS...

DRY AND  
MATURE

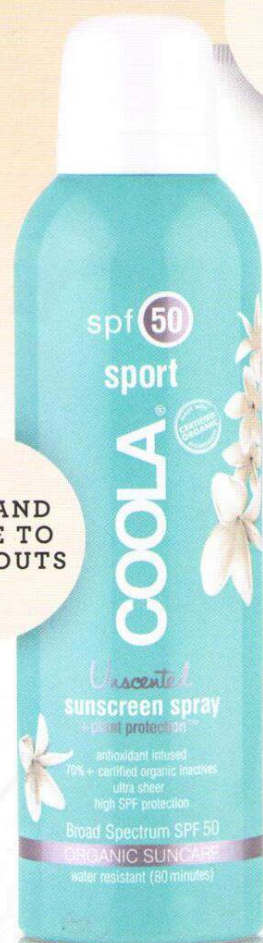
## LEND A HYDRATING EFFECT

Load up with a moisturizing sun protectant like **Dermalogica Protection 50 Sport SPF 50** that is rich in hyaluronic acid and antioxidants to defend skin without drying it out. \$32, [dermalogica.com](http://dermalogica.com)

## FIND THE PERFECT SUNSCREEN

There's no reason why anyone should venture outside—even if you're just walking from your house to your car and from your car to your office—without sunscreen. "You should use a broad-spectrum sunscreen with zinc oxide or titanium dioxide and an SPF of at least 30, reapplying every two hours," says Dr. Khrom. Dr. Beasley adds, "I've heard the complaints over the years of it being too white, too sticky, irritating and the like. But with so many varieties available now, there is a sunscreen for everyone." According to Delray Beach, FL, dermatologist Janet Allenby, "A physical sun protectant is best because it blocks more of the UV light and doesn't heat up the skin."

OILY AND  
PRONE TO  
BREAKOUTS



SENSITIVE  
AND EASILY  
IRRITATED



## DOESN'T CAUSE REACTIONS

Compatible with sensitive skin, **Eau Thermale Avène High Protection Cream SPF 50** relies on antioxidants and minerals to protect skin, rather than a chemical formula, which can irritate fragile complexions. \$26, [aveneusa.com](http://aveneusa.com)



WEARING SUNSCREEN EVERY SINGLE DAY, REGARDLESS OF THE WEATHER, IS RULE NUMBER-ONE IN PREVENTING SUN DAMAGE. BUT, DR. BOWE POINTS OUT THAT THERE'S A MISCONCEPTION THAT SUNSCREEN ALONE IS THE ONLY THING THAT ACTS AS A PROTECTANT. "IT'S JUST AS IMPORTANT TO FOLLOW SUN PROTECTIVE BEHAVIOR BY WALKING IN THE SHADE, COVERING YOUR SKIN WITH UPF 50 PROTECTIVE CLOTHING AND WEARING HATS." ANTIOXIDANTS USED IN TANDEM WITH SUNSCREEN ARE CRUCIAL BECAUSE THEY PREVENT OXIDATIVE STRESS AND DAMAGE TO SKIN.

## FOUR AREAS YOU SHOULDN'T NEGLECT

The skin on your face isn't the only part of the body that can become damaged by the sun. These areas can be affected, too.

02

When hands become overexposed to the sun, they become thin and spotted and look aged. To remove the discoloration, the hands have to be treated with in-office treatments that break up melanin, such as Intense Pulsed Light (IPL) or Fraxel, which also stimulate collagen.

### MOISTURIZES WHILE IT PROTECTS

Ultramoisturizing and freshly scented, **Clé de Peau Beauté Hand Cream spf18** shields the top of your hands, so they're less likely to be damaged by the sun. \$85, [nordstrom.com](http://nordstrom.com)

03

Skin under the eyes (and around them) is the thinnest skin on the face. The more damage that's incurred in this area, the more the eyes look aged, weathered and old. Protecting skin with SPF and big sunglasses on a daily basis are your best bets.

### DOUBLES AS AN EYE-MAKEUP BASE

Applying the tinted **SkinCeuticals Physical Eye UV Defense** under the eyes and on the lids helps block UVA and UVB radiation to protect skin and limit the effects of aging. \$30, [skinceuticals.com](http://skinceuticals.com)

THE LIPS



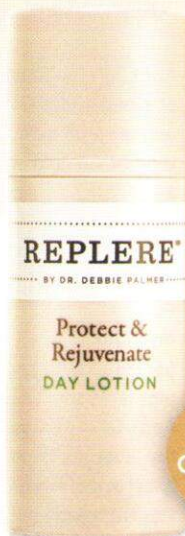
THE HANDS



THE EYES



THE CHEST



01

Damage on the lips can show up in the form of one large brown spot, usually on the lower lip, or lines that run through the lips. You have to protect the skin on your lips because it's ultrathin and doesn't have any melanin so there's no natural protection.

### SHIELDS DELICATE LIPS

Supersmooth and seriously hydrating, **Sun Bum SPF 30 Pink Guava Lip Balm** protects lips from the harsh effects of the sun. \$4, [trustthebum.com](http://trustthebum.com)

Sun damage on the chest appears as spots, a mottled appearance and wrinkles. Because the area is so large, a fractional laser treatment, IPL or chemical peel is more effective at restoring the skin.

### REJUVENATES AND REFRESHES

A moisturizer, antioxidant serum and sun-damage reverser in one, **Replere Protect & Rejuvenate Day Lotion** helps erase the look of lines and discoloration on the chest. \$90, [replere.com](http://replere.com)

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