

BEST

7 Safe Sunscreens Kids Love to Apply

Mindfully shop these kid-friendly sunscreen picks from the Skin Cancer Foundation.

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Store shelves are stocked with an ever-growing range of formulas, ingredients, and SPF numbers. It can be a real challenge to figure out what you need, and what will be safest for your child's sensitive skin. We're here to guide you to the brands that are the safest and most effective when it comes to protecting the skin of your kin!

Little ones should be wearing sunscreen after six months of age. Prior to hitting that milestone, Debbie Palmer, DO, New York dermatologist and author of *Beyond Beauty*, stresses the importance of dressing your baby in protective clothing (like hats, sunglasses, and sleeves) and seeking shade when it's appropriate.

Palmer's wisdom on sun safety for kids doesn't stop there: "I recommend parents look for the ingredients zinc oxide and titanium dioxide in sunscreen products, and stay away from sprays that might expose young lungs to potentially harmful chemicals."

Thankfully, she has a few product suggestions for us. Plus, the Skin Cancer Foundation made shopping for sunscreen way easier for parents. You can look for their blue square Seal of Recommendation to know that the product will be both safe and effective for your kids.

Read on to see a few of Dr. Palmer's faves, and plenty of other Skin Cancer Foundation-approved kids' sunscreens.

Babyganics Mineral-Based Baby Sunscreen Lotion, SPF 50

*Recommended by Dr. Palmer

*Skin Cancer Foundation-Approved

This mineral-based sunscreen will soothe your baby's skin as it shields the sun's rays. Remember: The sun shines every day, so make sure your babe's skin is also protected during those springtime strolls, fall picnics, and winter adventures.

Aveeno Baby Natural Protection Face Stick Sunscreen, SPF 50

*Skin Cancer Foundation-Approved

Keep a sunscreen stick in your diaper bag for easy on-the-go application. You can amp up your kid's sun protection game with an iced coffee in one hand as you apply a little touch-up with the other. You may find that a stick sunscreen is easier to apply to a wiggly tot, too. Rub this natural formula from Aveeno on your kiddo's cheeks, forehead, nose, and ears.

Baby Pibu Baby Sunscreen, SPF 30+

*Skin Cancer Foundation-Approved

This is the only sunscreen created by a dermatologist mom for her own kids, so you know this is one you can easily trust for your own. It's also chemical-free, and contains titanium dioxide and zinc oxide. Those ingredients help reflect UV rays.

No-Ad Sunscreen Baby Stick, SPF 50

*Skin Cancer Foundation-Approved

This hypoallergenic sunscreen stick is fragrance-free and perfect for extra-sensitive skin. If your child's skin becomes easily irritated, this should be your go-to for quick touch-ups.

Yes to Cucumbers Natural Sunscreen, SPF 40 Kids

*Skin Cancer Foundation-Approved

Beyond looking for The Skin Cancer Foundation's seal, make sure the sunscreen is also labeled broad spectrum, like this one from Yes To. That means it protects against UVA and UVB rays, both of which can cause skin cancer. Plus, we love how soothing and refreshing this lotion feels.

Coppertone Water Babies Pure & Simple Sunscreen Lotion, SPF 50

*Skin Cancer Foundation-Approved

You'll want something that's gentle on your kid's skin, yet effective against the sun's rays. This tear-free formula won't sting or irritate eyes when your kids sweat. Plus, it's made with aloe to prevent dryness, so it'll softly moisturize their skin every time it's applied.

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