

Beauty Issue 2025

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Forget booking an appointment or finding three free hours in your jam-packed calendar. Today's beauty tech brings the dermatologist's toolkit straight to your bathroom counter.

Thanks to major advances in light, <u>microcurrent</u>, and <u>radiofrequency</u> technology, at-home devices can now deliver results once reserved for (pricey) professional treatments. While these tools are generally less powerful — and require consistent use to see results — they're far more convenient and cost-effective than their in-office counterparts.



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"In-office treatments are safe, more powerful, and customized to the individual's needs and response to treatment, but at-home devices offer accessibility and maintenance between visits," says Dr. Morayo Adisa, M.D., FAAD, medical director of Dermatology Physicians Chicago.

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Thanks to the latest innovations, these tools are getting smarter, sleeker, and more efficient than ever. One of the coolest things about this next generation of beauty devices is how much tech they pack into a single tool — what once required a lineup of gadgets to target different concerns can now be done in one fell swoop.

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1. The Multitasking Facial Wand

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 $Shark^{\text{TM}} \ Facial Pro^{\text{TM}} \ Glow + DePuffi^{\text{TM}} \ 5 \ Step \ Facial \ System$ Shark



\$399.99 See On Shark

Shark's FacialPro Glow merges three major beauty-device trends in one — hydro-infusion, extraction technology, and hot and cold therapy — to deliver an impressive 10 skin care benefits in a single session. Think hydration, exfoliation, and sculpting all at once.

You start by prepping the skin with the included AHA/BHA gel, then glide the suction nozzle over your face as the clean tank infuses water or serum and the dirty one fills with oil and debris. Swap in the sculpting attachment to finish with circulation-boosting heat or a cool, contouring lift.

The best part? Watching your pores unclog in real time.

2. The Accessible LED Mask

TheraFace Mask Glo

Therabody



\$379.99 See On Therabody

LED masks aren't exactly new, but what makes Therabody's TheraFace Glo unique is the accessibility it brings to the category. It offers nearly identical benefits to its older sister — the original Theraface mask, which retails for \$650 — for a fraction of the price.

The device is outfitted with three different types of LED bulbs, each of which targets a different skin concern. The red and infrared lights stimulate collagen and boost cellular repair, while the blue lights kill acne-causing bacteria. Together, they offer a multitasking treatment that will leave your complexion firmer, clearer, and brighter. The only trade-off? Slightly fewer bulbs mean a 12-minute treatment instead of nine.

As a perk, the mask is made with vibrating bands that deliver a soothing scalp massage while the lights work their magic.

3. The Sculpting & Tension-Relieving Massage Band

PMD SMAS Lifting Massage Band

PMD Beauty



\$159 See On PMD Beauty

 $\underline{\text{PMD's Lifting Massage Band}} - \text{which is truly unlike anything else on the market} - \text{is basically a workout for your face.}$

It hugs your skin while two "power pods" deliver a mix of electromagnetic pulses and sonic vibrations to tone facial muscles, boost circulation, and sculpt your jawline in 10 minutes flat. Plus, it relieves jaw tension, making it a game-changer for anyone dealing with TMJ. The band cycles through five modes — warming, massaging, tightening, lifting, and balancing — so your face never zones out midsession.

The instant results are wow-inducing (though temporary), making this an A+ choice for a quick pick-me-up before a big event.

4. The Damage-Free Dryer

Dyson Supersonic r^{TM} Hair Dryer

Bergdorf Goodman



\$649,99 See On Bergdorf Goodman

When Dyson introduced its first Supersonic Hairdryer in 2016, it completely revolutionized hair care technology — but its latest launch proved there's still plenty of room for innovation. The new Supersonic r builds on that engineering legacy with a lighter, curved design that mimics the natural motion of a stylist's wrist for better ergonomics and control.

Inside, intelligent thermistors take temperature readings over 20 times per second to prevent heat damage, while ionic technology neutralizes static and seals the cuticle for smoother, shinier strands. The result: a dryer that's faster, safer, and scientifically calibrated to your hair type.

5. The Sonic-Meets-Microcurrent Upgrade

Foreo FAQ 102 Radio Frequency, EMS and LED Facial Rejuvenation $\,$

Bergdorf Goodman



\$590 See On Bergdorf Goodman

Foreo's FAQ 102 pairs the brand's signature T-Sonic pulsations with pro-grade microcurrent and radiofrequency technology, giving you a triple-threat of devices in one sleek, palm-sized wand.

The microcurrent stimulates your facial muscles for a subtle, natural lift, while the radiofrequency gently heats the skin's deeper layers to boost collagen and elasticity. Add in LED light therapy (red for firmness, blue for clarity, green for tone), and you've got a treatment that targets fine lines, sagging, and dullness all at once. Each eight-minute session feels like a science-y spa facial in the best possible way.

6. The K-Beauty Skin Booster

Booster Pro

Medicube



\$220 See On Medicube

Medicube's Booster Pro might just be the most advanced multitasking beauty device on the market — proving K-beauty continues to stay one step ahead. The six-in-one wand combines five different types of energy — aka all the best tech you'd typically get in a derm's office — to supercharge your skin in a single session.

It uses a mix of electroporation to help your serums absorb product better, microcurrent and EMS to tone and sculpt facial muscles, gentle heat to boost collagen and elasticity, LED light therapy (red, blue, and green) to leave your complexion visibly more radiant, and electric needles to boost skin elasticity. Simply glide it over your face after applying serum, and in about five minutes, you get that lifted, glassy, post-facial look — no clinic visit required.

7. The 3-Minute Treatment

Lumeo SkinLift 4D Current™ Red Light Therapy Kit Laduora



\$214.95 See On Laduora

If patience isn't your strong suit, consider the Laduora Lumeo your new favorite time saver. In just three minutes, it combines radiofrequency and LED therapy to tighten, brighten, and lift skin — especially around the jawline and eyes.

The heat from the RF boosts collagen and elasticity, while the red light supports long-term firmness and glow. It's quick, cordless, and designed for daily use, which means visible results in less time than it takes to brush your teeth.

8. The Full-Body Skin Reset

LED Light Therapy Panel

CurrentBody



\$1,099.99 See On CurrentBody

Why stop at your face? This next-level light panel is designed to bathe your entire body in clinically proven red and near-infrared light, triggering skin repair from head to toe. Studies show that specific LED wavelengths (around 630-850 nm) activate fibroblasts, increase collagen and elastin production, and improve skin elasticity and texture.

All you have to do is set it up, lean in (or lie down), and let the uniform light cover large surface areas for a boosted glow.

9. The Hair Growth Game-Changer

HigherDOSE Red Light Hat For Hair Growth

Sephora



\$449 See On Sephora

The only thing better than high-tech devices? High-tech devices you can use all day long without anyone knowing. That's exactly what you'll get with HigherDose's Red Light Hat, which is a clinical-grade red light device that just looks like your favorite baseball cap.

The hat uses 120 LEDs at 650 nm to deliver both red and near-infrared wavelengths at the same ranges shown in clinical studies to stimulate follicle activity, improve hair density, and reduce shedding. It's FDA-cleared, totally wireless, and surprisingly comfortable, making it the easiest hair-growth routine you'll ever commit to.

10. The At-Home Medical-Grade Laser

Lyma Laser

Lyma



\$2,095 \$2,021.25 See On Lyma

The Lyma Laser is in a category of its own. Developed by laser scientists, geneticists, and plastic surgeons, it's the closest thing you can get to a medical-grade laser treatment in your own bathroom. It uses a powerful, near-infrared "cold" laser beam to penetrate deep into the skin and the underlying muscle and fat to stimulate collagen, elastin, and cell regeneration. Unlike in-office lasers that create controlled damage to spark repair, Lyma's gentler approach works more slowly but still delivers real, cumulative results.

"At first you're incredulous because it seems like it's just this light, but it's causing kind of a biohack to trick your skin into a repair state that helps with fine lines and wrinkles without injury," board-certified dermatologist Dendy Engleman, M.D., previously told TZR. "That's the genius of it."

At \$2,695, the initial investment will cost you nearly as much as an in-office treatment — but will rival the results without requiring an appointment.

11. The Skin- & Hair-Friendly Showerhead

Canopy Handheld Filtered Showerhead
Sephora



\$150 See On Sephora

"Filtered showerheads are great for reducing impurities such as heavy metals, like lead, minerals, like calcium and magnesium, rust, and sediment in our water that cause buildup on the skin and hair," says Adisa. "This allows for more hydrated, shinier hair and less skin irritation, which in turn allows for better absorption and optimal efficacy of skin and hair products."

Unlike most bulky filters, Canopy's version is sleek, easy to install, and comes with built-in aroma infusers that make your bathroom smell like a spa.

12. The AI-Connected Facial Wand

Skin Inc Tri-Light + Sabi AI

Bergdorf Goodman



\$345 See On Bergdorf Goodman

One of the main differences between an in-office session and an at-home one is the level of customization — without a pro to tailor the treatment, it can be hard to give your skin exactly what it needs. But in the age of AI, that's starting to change.

"We are still in the early days, but AI devices [like this one] will be able to track skin changes and advise of deficiencies," says, Dr. Debbie Palmer, M.D., a board-certified dermatologist.

With Skin Inc's connected tool, you upload a selfie to an app on your phone, answer a few questions, and the tech does the rest. It delivers a skin report card with scores across markers like barrier health, pores, dark spots, and firmness, and the device then guides you through one of eight preset modes tailored to your needs. With its combination of LED light therapy, sonic pulses, pulsed electromagnetic fields, and a hydration sensor, it works to give your skin the personalized treatment it deserves.

13. The Instant Zit Zapper

Acne Light Shot

Facegym



\$95 See On Facegym

Blue light is known for its bacteria-busting abilities, and this handy gadget utilizes it for ultra-targeted breakout control. It uses 415 nm blue LED to light up and soothe blemish zones, reduce oiliness and pore size, and calm inflammation — all in a single hands-free, 20-minute session.

What makes it stand out is its precision. You stick it directly onto a breakout using the included adhesive strips, press start, and let it get to work. While you multitask, the blue light targets bacteria and inflammation exactly where you need it most. Think of it as a pimple patch with a high-tech upgrade.

14. At-Home Microneedling

Micro-Infusion Facial System

Qure



\$119 See On Qure

Dermarolling — traditionally done by a professional — works by creating micro-wounds in the skin, which in turn stimulate collagen and elastin production. This tool is its smarter, gentler cousin: instead of puncturing skin with long needles, it uses ultra-fine 0.5 mm gold-plated pins to deliver a customized serum cocktail (hyaluronic acid, peptides, niacinamide) directly beneath the surface.

Each disposable cartridge is pre-filled — so no guesswork or mess — and the treatment takes under 10 minutes. Expect smoother texture, better product absorption, and that post-facial glow without the redness or downtime.

15. Anti-Aging For Your Hands

Contour Glove

Omnilux



\$345 See On Omnilux

The skin-boosting powers of LED light are seemingly endless, so it was only a matter of time before someone found a way to make them work for hands (which, by the way, are one of the first spots on the body to show signs of aging).

Omnilux's Contour Glove uses red and near-infrared LED light to firm, smooth, and fade discoloration on one of the most-ignored parts of your body. Slip it on for 10 minutes, and the gentle warmth helps kick-start collagen while improving circulation.

16. The Mess-Free Future Of Hair Color

Colorsonic Hair Color Device & Cartridge

L'Oréal Paris



\$157.99 See On L'Oréal Paris

At-home hair color has long been a chemistry experiment with too many variables — and far too much room for error — until L'Oréal's Colorsonic brought precision engineering to the mix. The handheld device uses mechanized oscillation to mix developer and color in real time, then evenly dispenses the formula through a micro-bristle brush that coats each strand from root to tip. Built-in sensors regulate flow rate and pressure for consistent saturation, minimizing patchiness, mess, and mistakes.

