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How 15 Dermatologists Change Up Their Skin-Care Routines for Warmer Weather

Author: Danielle Fontana

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We wouldn't wear a thick sweater in the height of summer, so why wouldn't we swap out our richest skin-care formulas for lighter ones? Here, how 15 top dermatologists mix up their skin-care wardrobes when warmer temps begin to hit.



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"The cold, dry winter weather means dry, sensitive skin. For that reason, my winter regimen includes more moisturizing, a lower-strength retinoid and a more gentle cleanser. Once the warm, more humid weather arrives, I recommend a lighter, yet effective moisturizer such as Avène Cicalfate (\$32). I also increase the strength of the nightly retinoid, and add an exfoliating wash such as Replere Deep Clean and Clarify Face Wash (\$38). Additionally, I add a daily facial sunblock with a minimum of SPF 30. I recommend MD Solar Sciences Tinted SPF 30 (\$32). Its active ingredients, titanium and zinc, reflect the sun off the skin, but the very light and gentle formulation doesn't clog pores." —Harrison, NY dermatologist Jennifer S. Kitchin, MD