

# Research Sheds Light on What Really Causes Acne & New Ways To Treat It

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The Cause? Inflammation. The Cure? Antioxidants

Dermatologist-Developed REPLERE® Acne Solutions Kit: Antioxidant-Based Skincare Offers Proven, Natural Solution for Acne Patients



Introducing REPLERE Acne Solutions Kit: ReThinking Acne Care Inside & Out. Antioxidant-Based Skincare Delivers Proven, Natural Treatment for Acne. (PRNewsFoto/REPLERE)

NEW YORK, Oct. 3, 2013 /PRNewswire/ Based on new research, the dermatologist community is rethinking what causes acne and how to treat it.

(Photo: <http://photos.prnewswire.com/prnh/20131003/NY91216> (<http://photos.prnewswire.com/prnh/20131003/NY91216>))

The secret is antioxidants, which can be used to treat acne both orally and topically. And since

antioxidants are all natural, healthy, safe and effective, it's a breakthrough method of treatment for acne sufferers of all ages.

## What's new?

Acne vulgaris is a common dermatologic condition. It is characterized by sebum overproduction, follicular hyperkeratinization and inflammation. Over the past year, dermatologists have discovered that all acne is inflammatory and that patients with acne are under increased skin and systemic oxidative stress from this inflammation.

- **What researchers found:** Recent studies showed that oxidative stress (to the lipids in the sebum) cause inflammation in the skin and bodies – which, in turn, causes acne. In fact, these studies suggest that inflammation might actually precede all of the other steps in what causes acne.
- **Why oxidative stress leads to acne:** The normal antioxidant defense system becomes overwhelmed in acne patients from this oxidative stress. Acne patients appear to have lower amounts of antioxidant enzymes circulating in their bloodstream and skin. Antioxidants are consumed at a faster pace, both in the skin and systemically (as seen in lab blood tests).
- **A whole new way to treat acne:** Studies now show that treating acne patients with oral and topical antioxidants would help support the body's antioxidant defense system, neutralize inflammation and therefore, help clear up acne.

## What's available on the market now?

Dermatologist Dr. Debbie Palmer (<http://www.replere.com/index.php/about/>) is one of the country's leading experts in antioxidants. She leads the Dermatology Associates of New York, where she has found that 80 percent of her acne patients get results from oral & topical antioxidant therapy. She is also founder of REPLERE® skincare (<http://www.replere.com/>), which contains powerful antioxidants such as Coffea arabica extract and is one of the most effective antioxidant skincare lines on the market. Dr. Palmer has just introduced the REPLERE® Acne Solutions Kit (<http://www.replere.com/index.php/products/view/acne/>) including REPLERE Face Wash, Skin Tonic and exclusive Beauty Shooters, available at [www.replere.com](http://www.replere.com) (<http://www.replere.com/>).

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