



Replere – a rad new skin care line designed to fight free radicals

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Our review of the new skin care collection from renowned dermatologist Dr. Debbie Palmer



photos: we heart this

How often do we hear about everything we love being bad for us? Fast food makes us fat.

Alcohol causes cancer, heart disease and bad decisions. The sun will give us melanoma. Coffee contributes to stress and heart attacks. We are a nation of gluttons. It all seems so negative.

Those of us with our glasses half full, however, see things another way. McDonald's has quit supersizing. A glass of red wine a day is full of heart-healthy resveratrol. The sun is our best source of vitamin D. Coffee is full of free radical fighting, anti-aging antioxidants. This last indulgence, coffee, is a primary ingredient in Replere, renowned dermatologist Dr. Debbie Palmer's antioxidant skincare line.



Replere is a natural skincare line that features a broad range of potent anti-aging ingredients, including Coffea Arabica Extract, to work together in stopping the attack of free radicals on the skin, thereby reducing skin damage and reversing the visible signs of aging.

Free radicals are a bi-product of the things we eat and breathe. Pollution creates free radicals (I must have free radicals living on top of each other since I live in super-smoggy Los Angeles!) Eating processed foods or non-organic fruits and vegetables treated with pesticides can also generate free radicals in the body.

Some of this we can control, some we cannot. Antioxidants combat these, both internally and externally. Dr. Palmer seeks to address both the internal and external benefits of antioxidants in the Replere line.



While eating lots of minimally processed organic fruits and vegetables can reduce free radicals in the body, sometimes we need a boost. For this boost, Replere has Restore & Fortify Beauty Shooters (\$37 for 14 1oz shots), a shot to be drunk daily providing a days worth of antioxidants through its Coffea Arabica (coffee) Extract, Camu Camu, Goji, Acai, Chokeberry, Blueberry, Pomegranate and Resveratrol formula.



I tried a few of these shooters. The taste is fruity — not at all unpleasant — with a slightly bitter aftertaste (you can dilute with water if shots aren't your thing). These are easily portable and highly convenient. It's nice knowing that this one little shot gives you a days worth of combat

against those free radicals.



Externally, I sampled four products from Replere's carefully curated line. Let's start with the Deep Clean & Clarify Face Wash (\$38, 3.3 oz); a wonderfully rich foam cleanser in a pump dispenser. This is recommended for all skin types, exfoliating as well as cleansing with Glycolic, Salicylic and Azelaic acids. Coffee, Green Tea, and Vitamins A and E, along with other naturally derived antioxidants work to even out skin tone and minimize pore size.

After using the face wash, my skin felt slightly tight, but not dry. In fact, my skin is quite soft to the touch after using this. I imagine those with drier skin may be a tad more sensitive to the acids in spite of the mitigating antioxidants.

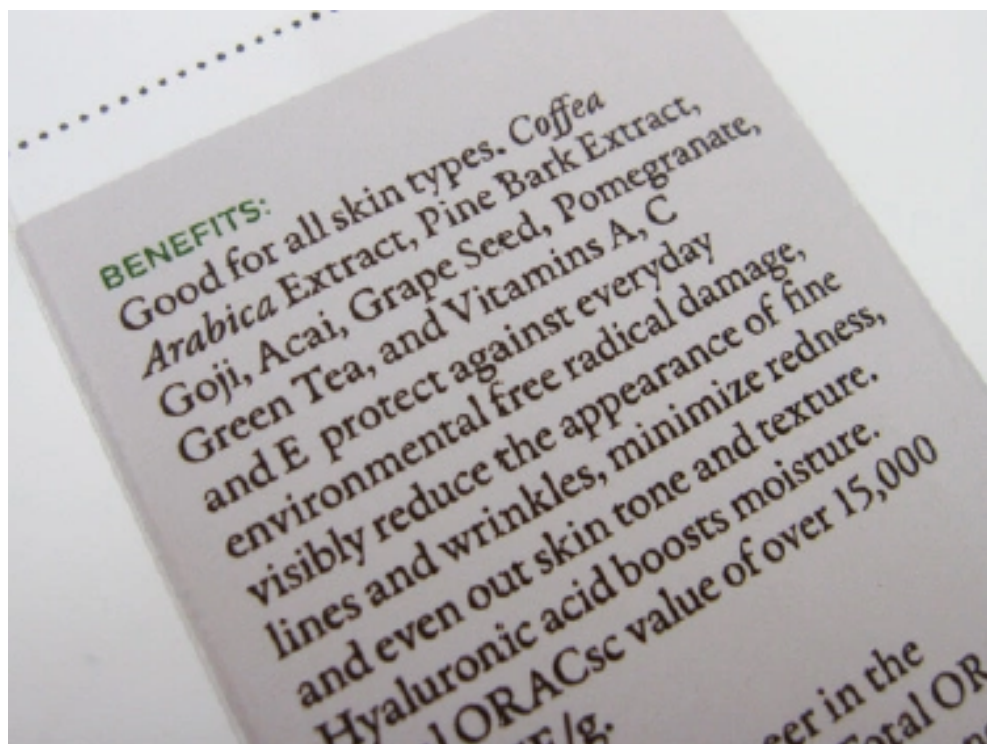


The Pore Minimize & Mattify Skin Tonic (\$42, 5 fl oz) is an alcohol-free toner with many of the same ingredients found in the face wash. These ingredients work to exfoliate, fade brown spots, minimize pore size and reduce shine, while the addition of Hyaluronic Acid boosts moisture.

This gentle and refreshing tonic is exactly what my aging oily skin needed. Upon application, there is a slight tingling feel on the skin, and the toner leaves my face feeling refreshed and clean, without tightness. Best of all, for those of us fighting shine, it leaves behind a perfectly matte surface – all ready for moisturizer and/or makeup application.



The Protect & Rejuvenate Day Lotion (\$90 1 oz) is recommended for all skin types and contains the ubiquitous Coffee and Green Tea extracts along with those of the famously effectual Goji, Acai, Grape Seed and Pomegranate fruits.



This day lotion claims to visibly reduce the appearance of fine lines and wrinkles, minimize redness and even out skin tone. The coffee extract gives this lotion a brown color and clearly (and strongly) smells like your morning cup of joe.



This brown color transfers to the skin as well, looking a little like a tinted moisturizer when it

goes on. Redness seems to even out on contact, no doubt due to the brown. The color does absorb rather readily, leaving soft, even skin in its wake.

The size is small for a daily moisturizer and the pump dispenser makes it unlikely you'll be able to get to every last bit. The dispenser does, however, make sure to keep light and bacteria out, ensuring the stability of the product inside.



The Repair & Replenish Night Crème (\$124, 1.7 oz) once again contains many of the ingredients found in the Day lotion along with Hyaluronic acid to boost moisture. This crème comes in a covered jar that dispenses by pushing on it. A larger size more suitable for daily use than the Day Lotion, it is also brown in color and has the consistency of pudding. This, too, smells strongly of coffee (and Acai).



I love the consistency of this crème — not too rich — but it does have a tendency to leave a slight residue or tackiness on my face that's still there after a full night's sleep. I was concerned that the brown color would transfer to my pillowcases but that never happened. My skin did seem extraordinarily soft without my usual morning oil slick.

Overall, the Face Wash and Skin Tonic are my favorites of the Replere line, both cleansing and exfoliating while keeping my skin soft and oil-free. Instant gratification.

The Day Lotion and Night Crème are both effectual but do have a strong tint and scent. On the other hand, this coffee color and scent may be a good thing: with a Starbucks on every corner, coffee is already the most commonly consumed antioxidant source in the United States. It was just a matter of time before we started slathering it on our faces!

Forget moderation when it comes to this indulgence—antioxidant gluttony via Replere skin care is not a deadly sin.

Readers – want a chance to try this exciting new skin care collection? [Click here](#) to win four full size Replere items (\$294 worth of products!) from we heart this!

Sherri is co-author of *What Would You Do With This Room?* My 10 Foolproof Commandments to Great Interior Design, and of course, a wht writer!

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