

Medicine Cabinet Confidential: 2 Splurges + 2 Steals To Get Your Skin Summer-Ready

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In the spirit of the season—or, really, the sunny, 80-degree weather outside my office window—I wanted to talk summer skin prep, since, you know, everyone around me is already starting to panic about bathing suit season!

Here are four products—two luxury splurges and two drugstore steals—that are really floating my boat this week.

SPLURGE: Dr. Brandt Microdermabrasion Skin Exfoliant

(<http://shopping.glamour.com/action/loadRetailerProductPage?id=331556674>), \$75: The change

of seasons always makes my skin act up—it gets dry, sometimes flaky, and doesn't seem to know what to do with itself. Most of the time, it's nothing a little Sjal Pearl Enzyme Exfoliating Mask (<http://shopping.glamour.com/action/loadRetailerProductPage?id=244182765>) (a total splurge at \$165) won't cure, but sometimes you just need something a bit more heavy-duty. Check out Dr. Brandt's Microdermabrasion Skin Exfoliant—a gentle but effective gritty cream formulated with pharmaceutical grade exfoliating crystals for that just came from the dermatologist look.

STEAL: Dove Clear Tone AntiPerspirant/Deodorant

(http://www.drugstore.com/search/search_results.asp? N=0&Ntx=mode +matchallpartial&Ntk=All&srctree=1&Ntt=dove+clear+tone&Go.x=0&Go.y=0), \$4 to \$10: If you've ever been self-conscious about the appearance of your underarms (seriously, it's, like, the secret harbor of insecurity for so many women—you're not alone!), consider Dove's newest anti perspirant/deodorants. They're called Clear Tone and that's because the formulas—available in Skin Renew (violet, lilac, rose, vanilla) and Sheer Touch (citrusy almond and coconut milk) and also in clinical-strength—help visibly reduce dark and red marks as well as evens out underarm skintone.

SPLURGE: Replere Protect & Rejuvenate Day Lotion

(<http://www.replere.com/index.php/products/view/lotion/>), \$90: Replere is an anti-oxidant-rich line of luxury skincare developed by Dr. Debbie Palmer, a leading dermatologist who's also been trained in osteopathic medicine (a more holistic approach to medical care) and this day lotion is one of the six-product line's star items. It contains powerful antioxidants such as coffee arabica extract, pine bark extract, goji, acai, grape seed, pomegranate, green tea, and a slew of healthy vitamins. The lotion helps reduce the appearance of fine lines and wrinkles, plus it helps minimize redness and uneven skintone. Some ladies in the office swear by it!

STEAL: L'Oreal Sublime Sun Crystal Clear Mist SPF50

(<http://shopping.glamour.com/action/loadRetailerProductPage?id=319661141>) and HydraLotion Spray SPF30 (<http://shopping.glamour.com/action/loadRetailerProductPage?id=318233343>), \$11 each: Shopping for a bottle of sunscreen to take with you to the beach this summer? Hate smearing on white lotion and trying to rub it in? Try L'Oreal's newest sunscreen offerings: two of my faves from their Sublime Sun range—one, the Crystal Clear Mist, goes on totally clear and sheer (and comes in SPF30 or SPF50) and the other, Hydra Lotion Spray (also available in SPF30 and SPF50), goes on like an ultralight lotion mist, that you can rub into your skin. Both come infused with anti-oxidants Vitamin E and white grape seed —another layer of protection! Oh, and they're both oil-free, sweat-resistant, and water-resistant for you sweaters and swimmers out there.

Tell us what some of your favorite steals and splurges are this season!

